

Student's Last Name _____

Student's First Name _____

Student's Grade _____

**EMERGENCY CONTACT
INFORMATION AND WAIVER**

Parents' Names:

Home Phone:

Business Phone:

Name of Grade School attending:

IN CASE OF EMERGENCY NOTIFY:

Relationship: _____

Address: _____

Phone: _____

Health Insurance Carrier:

Policy #:

I have carefully read the enclosed information and agree to the conditions stated herein.

Parent/Guardian Signature:

Date: _____

Please Tear off and submit your order form with payment

SKILLS & DRILLS

2 Day - 2 1/2 hour sessions

- Proper throwing techniques
- Proper fielding techniques
- Proper hitting techniques
- High School Girls assisting in small group sessions.
- Awards issued for individual skills sessions.

3 - Different age level skill groups

- 2nd thru 5th Grade (Green group)
- 6th thru 8th Grade (White group)

Goal of this camp is to create good habits on which to build and to meet future Titans.

Building on proper techniques prevents arm strain and injuries that result from years of incorrect throwing.

Instructor will help the campers learn what size bat is best for their needs and develop bat speed which is key in any good hitter.

Drills will be used to improve their speed and agility.



**BOYLAN
CATHOLIC
HIGH
SCHOOL**



*LADY TITAN
SOFTBALL
CAMP*

**Camp Organizer:
Varsity Coach
Mr. Brad Frisch**

Telephone# 815-540-5036

Email: bfrisch@boylan.org

Order Due Date

Please submit your order form with your check payable to:

Boylan Catholic High School

Memo: Softball camp

Orders Due by December 12th

- ◆ Late registration will be accepted with limited access to proper T-Shirt sizes.
- ◆ Late Registrations please come early to fill out proper forms.
- ◆ Campers are asked to come 30 minutes early the 1st day for sign-ins and T-Shirt distribution.
- ◆ Please enter the building from the south, student entrance.
- ◆ Campers who are picked up by any persons other than the guardian should have a note signed by parents.

Camp Sessions

2nd thru 5th Grade

Thursday Dec. 29 9:00 am -11:30 am

Friday Dec. 30 9:00 am -11:30 am

6th thru 8th Grade

Thursday Dec. 29 12:30 pm—3:00 pm

Friday Dec. 30 12:30 pm—3:00 pm

Camp Schedule

Day 1-fielding techniques

- Ground balls front, Backhand, glove hand
- Infield, outfield drills

Day 2 -hitting instruction

- Stance, swing
- Bunting
- Base Running Rules

Camp Cost

All ages \$45.00 (includes T-shirt)

Items Needed

- Softball glove (please label child's name)
- Bat (if child has one) day 2 only
- Tennis shoes only
- Bottled water for breaks

T-Shirt order form



Please specify which size T-shirt that you would like to order. (check one)

- Youth Small (6-8)
- Youth Medium (10-12)
- Youth Large (14-16)
- Adult Small
- Adult Medium
- Adult Large

Please submit this stub front and back to :

C/O Brad Frisch
Boylan High School
4000 St. Francis Drive
Rockford IL, 61103

Please Tear off and submit your order form with payment